

Planting Seeds – At-Home Garden Kit

Objectives:

- Identify the items in your at-home garden kit
- Learn the parts of a seed
- Be able to answer the question: what does it take for a plant to grow?



AQUIDNECK
COMMUNITY
TABLE



Instructions for Planting Your Seeds:

- Inside your packet you will find a pot from Aquidneck Community Table, a packet of potting soil, and a bag of seeds from Hope Street Blooms!
- Today, you are going to be planting your special seed packet.
- First, pour the packet of potting soil into the pot, filling it to the first line at the top.
- Once the soil is placed in the pot, flatten out the top with your hand.
- Next, poke a few spots in the soil with your finger to make holes for your seeds.
- Open your Hope Street Blooms packet and place the tiny lettuce seeds in the holes you have created in the soil.
- Take the remaining soil in the bag and cover the seed holes.
- Then, add a little water to moisten the soil, because your seeds need water to grow.
- Lastly, place a plastic bag over the top of your pot to make its own little greenhouse!
- Place your covered pot in a window somewhere in your house, that way it gets lots of sun!



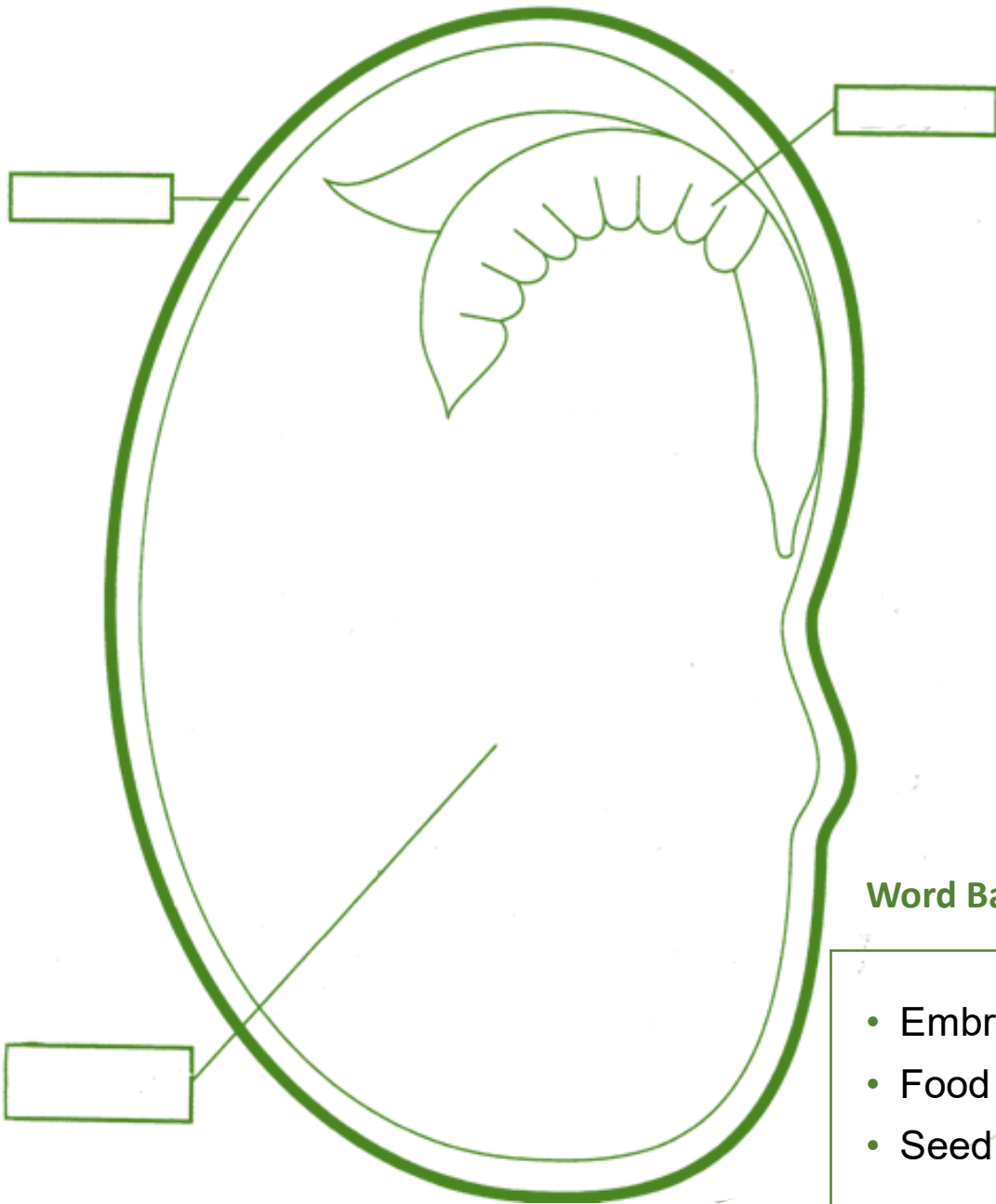
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Draw a picture of the last time you planted a seed!



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Label and color the parts of a seed!



Word Bank:

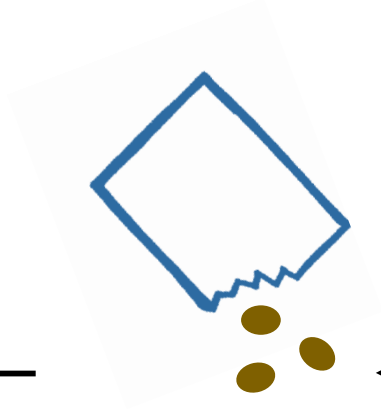
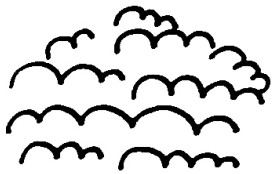
- Embryo
- Food Storage
- Seed Coat



Label and color the items in your kit!

Word Bank

- ACT Planting Pot
- Organic Potting Soil
- Seeds from Hope Street Blooms



Label and color the things that help a garden grow!

Word Bank

- Sun
- Water
- Air
- Soil

